

LSHS Biomarkers

1. Cholesterol
2. Blood Pressure - two readings
3. Obesity - from measured height and weight
4. C-Reactive Protein
5. Measured Waist/Hip Ratio
6. Heart rate - two readings
7. Antibody titers to Epstein Barr Virus (EBV)
8. Interleukin-6 (IL-6)
9. Hemoglobin A1C